## **#BJEBuildingKindness**

Photo Scavenger Hunt: Complete the tasks, take a selfie, post with the hashtag & nominate your friends!

"The highest form of wisdom is kindness." -Talmud Brachot 17a



Reach out to (call/e-mail/conversation) an essential worker to ask how they are doing Jewish Value: Chesed/Caring

Leave a bottle of water/packaged snack (that you've wiped down) for your postal worker in the mail box or at your front door.



Jewish Value: Kavod/Respect



'Chalk' a message of positivity, kindness and hope on the sidewalk! Jewish Value: Sever Panim Yafot/Kindness, Warmth & Positivity

Take part in Tzedakah (charity) drive - via synagogue, organization, personally etc. Jewish Value: Tzedakah/Giving to Others

Video chat (and take a picture) with someone who is guarantined alone to let them know that you are thinking of them.

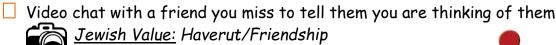


Jewish Value: Kehillah/Community

- └ Water plants in your neighbor's yard or in public/communal spaces Jewish Value: Tikkun Olam/Repairing the World
- Make and hang a sign with a positive message in a window or yard Jewish Value: Achrayut/Responsibility
- Send a video message or thank you-note to your teacher or someone who has helped you get through a difficult period.



Jewish Value: Hodaya/Gratitude



Special thank you to our partner organizations for helping to make the world a better place!

#BJEBuildingKindness resources & information can be accessed on our website: www.bjela.org/Kindness

